



REC HOCKEY

Ages | 2009, 2010, 2011 Birth Years*

**other age groups are permitted as long as they are at an appropriate skill level. Please note program pre-requisite below.*

Practices | Tuesdays & Thursdays 4:30-5:20 | Churchill Rink

Games | Sundays | Dover Arena Cross Ice 3v3 Program

Player Tuition | \$650

[USA Hockey Registration Number](#) Required at Time Registration

Schedule Notes |

Tuesdays 1st Practice | Oct. 31st

Thursdays 1st Practice | Nov. 2nd

Tuesdays Final Practice | March 6th

Thursdays Final Practice | March 8th

Cross-Ice 1st Game | Nov. 5th

Cross-Ice Final Game | Feb. 12th

*Saturday In-House Play | Depending on ice availability and group size ORYA may add additional on-ice opportunities as league play is every other weekend. These will be bonus sessions if available!

**Goalie equipment is supplied for players to take turns in that position during cross-ice play and some practices.

Program Pre-requisite – Any player interested in this program must have participated in an intro to hockey program with ORYA for at least 2 sessions or have been recommended by intro coaches & coordinator to participate. If your player has participated in an intro program at another location please specify where & for how many sessions at time of registration. All players should be comfortable skating, stick handling, passing, shooting, etc.

Practices Description |

ORYA's REC hockey program is designed as a first team experience for young hockey players.

While practices will be fun they will follow many of USA Hockey's curriculum guidelines.

Practices will have all birth year players on the ice at the same time coaches will split players into *like-ability groups as needed depending on curriculum and exercise/practice goals.

Practices will focus on necessary hockey-specific skating, puck handling, shooting, passing with some introductions to goalie-specific techniques. The overall goal is for each player to love hockey and be more comfortable & technically confident on the ice than they were at the start of the season. Goalie equipment will be supplied for players to take turns experiencing the

position. An effort will be made to equally offer this to all players but some naturally gravitate to or away from the position. Players will not be forced to play as a goalie.

**Parents are not allowed to make requests or suggestions to where their player should be at any time during the season. That is completely up to the discretion of the coaches & coordinators.*

Cross-Ice Play |

Per Cross-Ice league rules teams will be created for parity in an A and B division. At this age group, player development is the only goal and players will be assigned to the cross-ice group that coaches believe will help them be the most successful in getting touches on the puck. Depending on numbers and needs, players may even play in different cross-ice games during the season. To see more information related to the league, it's approach and rules please [CLICK HERE](#). To view the league schedule [CLICK HERE](#).

Equipment Share |

ORYA has donated equipment it will loan out for the duration of each session. While we cannot guarantee we will have everything each player needs we will do what we can to defray equipment costs while your player(s) gives hockey a try! We will organize an equipment night where players in the program can come and get fitted allowing time to purchase equipment we either don't have or don't have in your player's size.

Additional Policies |

- Each player will be assigned an equal number of league game opportunities.
- We will not account for missed games. If you miss a game, that is your choice. We will not add a game for a family that missed a game.
- We DO NOT ALLOW conversations with coaches or coordinators regarding which group you feel your player should be on. By participating in this program, you are agreeing to trust our coaches & coordinators decisions.