



PROGRAM CATALOG

LACROSSE

Spring 2018

Matthew Glode

OYSTER RIVER YOUTH ASSOCIATION 2 Dover Rd, Durham, NH 03824

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INTRODUCTION

ORYA MISSION STATEMENT

Oyster River Youth Lacrosse is a community-based lacrosse development program offered to girls and boys from kindergarten through 8th grade in Durham, Lee and Madbury. ORYA Lacrosse not only introduces the sport of lacrosse to student athletes who have never played before, but also develops the skills of those student athletes with prior lacrosse experience. We welcome all levels of play, no matter what age level. Our main mission is to provide a comfortable, yet challenging environment for all levels of play, and for each player to have a positive, enriching lacrosse experience.

PROGRAM INFORMATION

Will all players make a team - YES!

Our 8U, 10U, 12U & 14U girls and boy's teams practice 2 times per week and have one game per week for 6-8 weeks {Saturdays for SAYLL league play or Sundays for NHYLA league play}. The boy's teams will practice on Tuesdays & Thursdays, the girl's teams will practice on Mondays and Wednesdays. Specific times will depend on field and coach availability, but practices are 60-90 minutes in length. The season usually starts and ends with a league jamboree/tournament. We hope and expect players to make lacrosse a priority for the spring and attend the majority of practices and games, but understand conflicts and highly value multi-sport/multi-activity participation.

All interested lacrosse players are expected to attend at least one of our clinic & orientation dates and are encouraged to attend both. Even if you are new to the game and trying lacrosse for the first time, please attend one of these sessions so you can be introduced to the sport, our coaches and coordinators. As players get started playing in our relaxed clinic skill building environment, ORYA Lacrosse coordinators will meet with all parents and discuss program philosophy, approach and expectations of the season.

7U COED Lacrosse (Grade K)

Registration Opens	January 1st
Registration Deadline	April 1 st
+\$30 Late Registration Window	April 2 nd – onwards
Uniform Order Deadline	March 2 nd
Player Tuition	\$30

[REGISTER HERE](#)

PROGRAM DESCRIPTION |

Wednesdays | 5:30-6:30pm

Dates | May 2, 9, 16, 23, 30, June 6, 13

7U

This is usually a player's first experience to the game of lacrosse and we don't take that lightly! Our volunteer coaches do their utmost to showcase the fun side of the game to instill a passion for the game. Basic hand-eye coordination, lacrosse specific skills and movements are introduced via fun games and exercises in a relaxed environment. Players can try lacrosse in a non-competitive environment while building some of the skill building blocks for the sport. Come and give it a try!

UNIFORM SHIRT | \$9.75

We would like all participating 7U players to order their uniform shirt to make each player feel special, to feel like they are part of the team and to produce a more professional practice environment. Players that order their uniform shirt before the March 2nd deadline are guaranteed to receive their shirt in time for the program start. To ensure accurate sizing and orders, each family will order their shirt individually, online. Simply follow the uniform order link, choose your size and place your order.

[UNIFORM ORDER LINK](#) | Order Deadline March 2nd

Any questions regarding your Field Hockey uniform shirt order should be directed to Chris Lobasso at Chris@blatantlacrosse.com.

TEAM SNAP |

Each coach will utilize Team Snap as their team communication tool. This easy & user-friendly app helps keep your schedule straight and allows to and from communications with your coach. Great for last minute schedule updates and player availability, we hope this app makes your season that much easier to keep track of!

PLAYER TUITION |

Based on expected number of registrations, the tuition for this program is factored into the following lacrosse fees: insurance (medical & liability), referees, field fertilization/aeration/shatter tine treatments, shared irrigation expenses, program equipment budget, ball stipend, ORYA Admin (\$30) & Capital Fund (\$10) allocation, online payment processing & merchant account fees, porto-potties, Team Snap, first set of field lines, field lining paint, league fees, emergency uniforms, and small stipend for required US lacrosse coach education.

Your player tuition was developed with input from, and approved by, your volunteer Lacrosse Advisory Group members.

8U Boys Lacrosse (Grade 1&2) | SAYLL

Registration Opens	January 1st
Registration Deadline	February 19 th
+\$30 Late Registration Window	Feb. 20 th – Feb. 26 th
Uniform Order Deadline	Feb. 19 th
Estimated Practice Start	Week of March 26th
Estimated Games Start	April 8 th (based on field conditions)
Player Fee	\$125

[REGISTER HERE](#)

PROGRAM DESCRIPTION |

PRACTICES | Tuesdays & Thursdays

SAYLL GAMES | Saturdays

During the regular season, teams will have 2, 60-90 minute practices per week in the late afternoon or early evening. Specific times will depend on field and coach availability. During the preseason each team may have some Saturday sessions (prior to natural grass fields being opened by the Town or ORYA).

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Disclaimer: anyone attempting to register for ORYA Lacrosse after our registration deadlines of Feb. 19th and Feb. 26th runs the risk of not being a full-team member. Late registrations may be classified as practice-only players (while paying the same amount for the program) if the late addition would negatively affect the playing time of the rest of the group.

8U UNIFORMS |

ORYA is moving out of the apparel business and having each family individually purchase their uniform directly from a supplier. This uniform will be yours to keep for as many seasons as it can be used for and, ideally, for most of your ORYA Lacrosse career. The uniform fee is NOT included in the tuition fee, this is a separate cost. No extra uniforms will be provided, each player must have/purchase their own uniform.

[UNIFORM ORDER LINK](#) | Order Deadline Feb. 19th

Late Uniform Order Window | Feb. 20th – March 9th | Anyone attempting to order a uniform after this window may expect increased costs and delivery after the start of the season.

Sample Jerseys:



PRESEASON CLINIC | Feb. 11

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TEAM SNAP |

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PROGRAM DESCRIPTION |

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10U Boys Lacrosse (Grade 3&4) | NHYLA & SAYLL

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Uniform Order Deadline	Feb. 19 th
NHYLA League Registration Deadline	March 1st
Estimated Practice Start	Week of March 26th
Estimated Games Start	April 8 th (based on field conditions)
NHYLA Tournament	Early June (to be announced later in the season)
Player Fee	\$125

[REGISTER HERE](#)

PROGRAM DESCRIPTION |

PRACTICES | Tuesdays & Thursdays

NHYLA GAMES | Sundays

SAYLL GAMES | Saturdays

ORYA 10U Full Field Team(s) | 10v10

4th graders with previous ORYA Lacrosse experience or coach approval. Extensive travel is required. Sundays, New Hampshire Youth Lacrosse Association (“NHYLA”) League. Saturday games, as well. This is a more rigorous commitment for the older and more experienced ORYA 10U players. The season usually ends in June with a NYLA league jamboree/tournament.

ORYA 10U Small Field Team(s) | 6v6

3rd graders with or without previous ORYA Lacrosse experience and 4th graders desiring small field games or 4th graders who are new to the sport. Seacoast League – Saturdays.

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10U UNIFORMS |

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10U Girls Lacrosse (Grade 3&4) | SAYLL

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Player Fee	\$125

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PRACTICES | Mondays & Wednesdays

SAYLL GAMES | Saturdays

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12U Boys Lacrosse (Grade 5&6) | NHYLA

Registration Opens	January 1st
Registration Deadline	February 19 th
+\$30 Late Registration Window	Feb. 20 th – Feb. 26 th
Uniform Order Deadline	Feb. 19 th
NHYLA League Registration Deadline	March 1st
Estimated Practice Start	Week of March 26th
Estimated Games Start	April 8 th (based on field conditions)
NHYLA Tournament	Early June (to be announced later in the season)
Player Fee	\$145

[REGISTER HERE](#)

PROGRAM DESCRIPTION |

PRACTICES | Tuesdays & Thursdays

GAMES | Sundays with potential of Fridays

During the regular season, the team will have 2, 60-90-minute practices per week in the late afternoon or early evening. Specific times will depend on field and coach availability. During the preseason (any time prior to natural grass fields being opened by the Town or ORYA) each team may have some Saturday sessions.

The season usually ends in June with a league jamboree/tournament, sponsored by New Hampshire Youth Lacrosse Association (“NHYLA”). We hope and expect players to make lacrosse a priority for the spring and attend the majority of practices and games but understand conflicts and highly value multi-sport/multi-activity participation.

Depending on final enrollment numbers, game days may vary for players – see **Program Outline Disclaimer**. Games may fall on Friday afternoons and/or Sundays. Occasionally, games vs. other towns may be held during the week, with every attempt to schedule such games during practice time blocks.

Late Registrations: We plan our number of teams and approach based on the number of players we have at the time of our registration deadlines. Since we will have already registered an appropriate number of teams for league play & have roster restrictions, late additions can cause major issues related to playing time for everyone else in the program.

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PROGRAM OUTLINE DISCLAIMER |

ORYA Lacrosse has created the program outlined above to accommodate the program numbers historically seen at this age group. As numbers dictate, ORYA Lacrosse may change the program approach to offer players a developmentally appropriate and safe program based on number of players, age groups, ability levels, etc. of those that participate in the program. As such, the final makeup of the teams and roster will be driven by the number of enrolled participants, see below:

0-20 Participants = One Team, only Sunday games. Players will get roughly 8 games.

21 – 29 Participants = One Team, Sunday and Friday evening games with a rotating roster. Players will get roughly 6 games

30 or more Participants = Two Teams*, only Sunday Games. Players will get roughly 8 games.

* Teams may be divided based on experience level and based on coaches' discretion (no tryouts will held).

12U UNIFORMS |

ORYA will be utilizing a new uniform supplier this year and have updated its uniform design (examples below). Those who purchased a new uniform last year are not required to purchase a new one this year. The new style was created to be close enough to the old uniform to avoid a required purchase for all players.

The uniform fee is NOT included in your program tuition, this is a separate cost but the uniform is yours to keep. No extra uniforms will be provided, each player must have/purchase their own uniform.

You will only need to purchase a new uniform if:

1. You have outgrown, lost or otherwise want the new style with updated logo
2. You have never purchased the blue & grey uniform set

[UNIFORM ORDER LINK](#) | Order Deadline Feb. 19th

OLD Jerseys:



NEW Jerseys:



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Player Fee	\$145

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PROGRAM DESCRIPTION |

PRACTICES | Mondays & Wednesdays

GAMES | Sundays with potential of Fridays

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30 or more Participants = Two Teams*, only Sunday Games. Players will get roughly 8 games.

* Teams may be divided based on experience level and based on coaches' discretion (no tryouts will held).

14U UNIFORMS |

ORYA will be utilizing a new uniform supplier this year and have updated its uniform design (examples below). Those who purchased a new uniform last year are not required to purchase a new one this year. The new style was created to be close enough to the old uniform to avoid a required purchase for all players.

The uniform fee is NOT included in your program tuition, this is a separate cost but the uniform is yours to keep. No extra uniforms will be provided, each player must have/purchase their own uniform.

You will only need to purchase a new uniform if:

1. You have outgrown, lost or otherwise want the new style with updated logo
2. You have never purchased the blue & grey uniform set

[UNIFORM ORDER LINK](#) | Order Deadline Feb. 19th

OLD Jerseys:



NEW Jerseys:



Late Uniform Order Window | Feb. 20th – March 9th | Anyone attempting to order a uniform after this window may expect increased costs and delivery after the start of the season.

PRESEASON CLINIC | Feb. 11

All interested lacrosse players are expected to attend **at least one** of our clinic & orientation dates in February. Whether you are very experienced or new to the game and trying lacrosse for the first time, please attend one of these sessions so you can be introduced to the sport, our coaches and coordinators.

As players get started playing in our relaxed clinic skill building environment, ORYA Lacrosse coordinators will meet with all parents and discuss program philosophy, approach, expectations and run them through an informative parents clinic. At the clinic, parents will have the opportunity to meet with members from the ORYA Lacrosse Advisory Group; to ask questions and learn more about the game and the rules. (Please see age group resources on the ORYA website for additional information on lacrosse).

TEAM SNAP |

Each coach will utilize Team Snap as their team communication tool. This easy & user-friendly app helps keep your schedule straight and allows to and from communications with your coach. Great for last minute schedule updates and player availability, we hope this app makes your season that much easier to keep track of!

PLAYER TUITION |

Based on expected number of registrations, the tuition for this program accounts for insurance (medical & liability), referees, field fertilization/aeration/shatter tine treatments, shared irrigation expenses, program equipment budget, ball stipend, ORYA Admin (\$30) & Capital Fund (\$10) allocation, online payment processing fees, porto-potties, Team Snap, first set of field lines, field lining paint, league fees, emergency uniforms, and small stipend for required US lacrosse coach education.

Your player tuition was developed with input from, and approved by, your volunteer Lacrosse Advisory Group members.

14U Girls Lacrosse (Grade 7&8) | NHYLA

Registration Opens	January 1st
Registration Deadline	February 19 th
+\$30 Late Registration Window	Feb. 20 th – Feb. 26 th
Uniform Order Deadline	Feb. 19 th
NHYLA League Registration Deadline	March 1st
Estimated Practice Start	Week of March 26th
Estimated Games Start	April 8 th (based on field conditions)
NHYLA Tournament	Early June (to be announced later in the season)
Player Fee	\$145

[REGISTER HERE](#)

PROGRAM DESCRIPTION |

PRACTICES | Mondays & Wednesdays

GAMES | Sundays with potential of Fridays

During the regular season, the team will have 2, 60-90-minute practices per week in the late afternoon or early evening. Specific times will depend on field and coach availability. During the preseason (any time prior to natural grass fields being opened by the Town or ORYA) each team may have some Saturday sessions.

The season usually ends in June with a league jamboree/tournament, sponsored by New Hampshire Youth Lacrosse Association (“NHYLA”). We hope and expect players to make lacrosse a priority for the spring and attend the majority of practices and games but understand conflicts and highly value multi-sport/multi-activity participation.

Depending on final enrollment numbers, game days may vary for players – see **Program Outline Disclaimer**. Games may fall on Friday afternoons and/or Sundays. Occasionally, games vs. other towns may be held during the week, with every attempt to schedule such games during practice time blocks.

Late Registrations: We will plan our number of teams and approach based on the number of players we have at the time of our registration deadlines. Since we will have already registered an appropriate number of teams for league play & have roster restrictions, late additions can cause major issues related to playing time for everyone else in the program.

Anyone attempting to register for ORYA Lacrosse after our registration deadlines of Feb. 19th and Feb. 26th runs the risk of not being a full-team member. Late registrations may be classified

as practice-only players (while paying the same amount for the program) if the late addition would negatively affect the playing time of the rest of the group.

PROGRAM OUTLINE DISCLAIMER |

ORYA Lacrosse has created the program outlined above to accommodate the program numbers historically seen at this age group. As numbers dictate, ORYA Lacrosse may change the program approach to offer players a developmentally appropriate and safe program based on number of players, age groups, ability levels, etc. of those that participate in the program. As such, the final makeup of the teams and roster will be driven by the number of enrolled participants, see below:

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