

FALL ULTIMATE FRISBEE 2018



Registration Deadline	September 14 th
+\$30 Late Registration	September 15 th Onwards
*Practice Dates	Tuesdays; Sept. 18, 25, 2, Oct. 9, 16, 23, 30
**Grade 4-6	3:30-5:00pm
Location	Demerritt Park

**Make up dates only scheduled if weather allows & coaches are available.*

***3rd graders with previous experience are welcome.*

TUITION |

RESIDENT | New to program | \$65

NON-RESIDENT | New to program | \$80

RESIDENT | Returning from Summer Ultimate Program | \$55

NON-RESIDENT | Returning from Summer Ultimate Program | \$70

New Player Registration

Returning from Summer Registration

PROGRAM DESCRIPTION |

Come check out the fastest growing team sport in the United States! Ultimate Frisbee is an exciting field sport with a flying disc (frisbee) that combines the non-stop movement and athletic endurance of soccer with the aerial passing skills of football. It is also governed by *Spirit of the Game* – a tradition of sportsmanship that places the responsibility for fair play on the players. Weekly practices will include warm-up; fun drills in throwing, catching, cutting, and other basics; and guided scrimmages. Later in the season, we hope to have a festive October Jamboree with middle and upper elementary players throughout New Hampshire.

Ultimate is played in more than 80 countries by an estimated 7 million men and women, boys and girls. In New Hampshire, there are many options for play (see [Seacoast Ultimate](#) listings). Oyster River High School has an afterschool club that meets on Tuesdays and Fridays. A NH high school team has competed in the U.S. Youth Club Championships since 2017.

BUS SERVICE |

ORCSD Transportation will provide bus service from Oyster River Middle School and Mast Way Elementary School to the fields each Tuesday. Space is limited; register early for the best chance of a reserved spot.

Demerritt Park is a short walk from Moharimet Elementary School. Following Moharimet dismissal protocol, a coach will meet students at dismissal and walk them together to the fields.

Students from other schools and who are home schooled are responsible for their own transportation to the fields.

OPEN CLINIC |

On Tuesday, Sept. 11th (one week before the season starts), there will be three open clinics held at each of the participating Oyster River schools: Oyster River Middle School (5th and 6th graders), Moharimet Elementary School (4th graders), and Mast Way Elementary School (4th graders). Sign up separately online or drop in.

UNIFORM SHIRT & DISC |

ORYA's Ultimate Fundraising has paid for your program shirt and disc for the fall of 2018! Funds were donated in 2016 by Seacoast Ultimate. Coaches will pass out shirts on the first day of the program corresponding to the shirt size listed at time of registrations.

WHAT TO BRING |

Just dress appropriately for being active outdoors based on the weather. Cleats are recommended and be sure to leave your player with a water bottle.

COMMUNICATIONS |

Once the program begins, your coaches & coordinators will communicate via email. Alternative communications may come from the ORYA office depending on their important and/or time sensitivity. Please be on the lookout for any weather cancellations or last-minute changes sent via email or constant contact.

COACHES |

Your coaches have played competitive Ultimate on the national and world stage and coached players from elementary through high school.

As with all ORYA programs, your child's coaches are volunteers and are donating their time and dedication to make your child's experience as positive as possible. Each coach must go through a background check and Safe Sport training before getting on the field. In addition, coaches participate in one of two Positive Coaching Alliance workshops offered by ORYA each year. This time off the field is rarely acknowledged but is very important. Please have your player thank

their coach(es) after every practice and since they're volunteers just remember that you are a potential volunteer as well. We always need more support in order to grow programming!

PLAYER TUITION |

Based on expected number of registrations, the tuition for this program accounts for insurance (medical & liability), per player field maintenance fee which includes fertilization/aeration/shatter tine treatments & shared irrigation expenses, ORYA Admin (\$35) & partial Capital Fund (\$12.50) allocation, online payment processing & merchant account fees and background check and safe sport certification fees.

Please note Seacoast Ultimate is supporting this by donating the program discs given out to players.

Your player tuition was developed with input from, and approved by, your volunteer Ultimate Frisbee Coordinator.