



Program Descriptions |

Our skills-based program will offer younger players the opportunity to be introduced to the game, its basic skills & techniques in a fun environment. Sessions will take place on Thursdays at Steven's field in Lee and Sundays at ORHS Turf field in Durham. Players will meet with their volunteer coaches twice per week to work on individual skills & techniques. Each age group will offer age & ability appropriate exercises to support the growth of every player even if ability levels vary. Currently there is no league option for fall but ORYA is in discussion with other local town programs to develop some league, scrimmage or jamboree opportunities for our young field hockey players.

Grade K-2 |

This program is designed for returning players as well as beginners. Coaches will focus on teaching the fundamentals in a fun and relaxed environment. The goal is to allow kids to develop social skills, physical strength, sportsmanship and self-confidence, while developing enthusiasm for field hockey. Each session will focus on skill development through small games and team building activities. All games and scrimmages will be officiated by volunteers, including ORHS and UNH players. Prior to start of season, ORYA will do its best to schedule set games/scrimmages dependent on opposing team availability, turf time, and weather. Equipment needed for this session will be a mouth guard, field hockey shin guards, eye protection, water and sneakers or cleats. There will be a variety of field hockey sticks provided for players to use. Included in the player fee will be an end of the season jamboree with other community programs, hosted by Seacoast United.

Grade 3&4 |

Whether your child is new to the sport or looking to continue to build their skills and understanding of the game, this skills session is designed to introduce the sport of field hockey including rules and game concepts. Our goal for this program is to develop individual player skills including dribbling, passing, shooting, defense, and to teach the importance of ball movement and team play in game situations, all while learning sportsmanship and having fun! All games and scrimmages will be officiated by volunteers, including ORHS and UNH players. Prior to start of season, ORYA will do its best to schedule set games/scrimmages dependent on opposing team availability, turf time, and weather. Equipment needed for this session will be a, mouth guard, eye protection, field hockey shin guards, if you have a stick you can bring it, if you do not have one we will have sticks available for use, water, and sneakers or cleats. Included in the player fee will be an end of the season jamboree with other community programs, hosted by Seacoast United.

Grade 5-8 |

This program is designed for players that are participating on their middle school field hockey teams, or are interested in participating on their school's team. Coaches will focus on more intermediate/advanced skills such as game IQ, position specific skill building, dribbling, passing, movement on and off the ball, 3D skills, and goal scoring techniques. Your program coordinator has been in contact with teams that have committed to playing in weekly scrimmages during the second half

of the session. Dates and times of those scrimmages are TBD but will be played on turf. All games and scrimmages will be officiated by volunteers, including ORHS and UNH players. Included in the player fee will be an end of the season jamboree with other community programs, hosted by Seacoast United. Equipment needed for this session will be sticks (if this is a problem we have a limited amount of this size stick to lend out as needed), eye protection, field hockey shin guards, mouth guard, water, and sneakers or cleats.

Uniforms |

ORYA had a great experience last fall, using a reversible pinnie style uniform and will use the same uniform this spring. If your player has a pinnie style uniform from last fall or spring, you do not need to purchase a new one. However, if they do not have one from last fall or spring, you must purchase one from the team store. Uniform order links, when available, can be found on the ORYA Field Hockey page.

Free Preseason Clinic |

Coordinators and coaches look forward to a fun “give it a try” night for those interested in field hockey. If you’ve played before come on over and get a free night of play, and feel free to invite a friend! If you haven’t played before come try out Oyster River’s most up and coming sport! We’ll have equipment to use and parents can ask questions about the program! As this is scheduled the date, time and location will be posted on the ORYA Field Hockey page.

Team Snap |

Your volunteer coordinators will utilize Team Snap to communicate with you this spring. This easy & user-friendly app helps keep your schedule straight and allows to and from communications with your coach. Great for last minute schedule updates and player availability, we hope this app makes your season that much easier to keep track of! Be on the lookout for a Team Snap invitation following team placement communication.

Game Play and Jamboree |

ORYA has been part of a group of local communities trying to grow the game of field hockey. This past for the last two sessions, a jamboree was offered at a neutral location with ORYA having great success! This spring, ORYA is working with other communities to provide a jamboree towards the end of the season. The jamboree will be held at the Seacoast United Epping Facility and is included in the cost of the program.

Player Tuition |

Based on expected number of registrations, the tuition for this program accounts for insurance (medical & liability), per player field maintenance fee which includes fertilization/aeration/shatter tine treatments & shared irrigation expenses, a small program equipment budget, SUFH Jamboree registration fees, per Town ORYA Admin, ORYA Capital Fund allocation, online payment processing & merchant account fees, FH percentage of total porto-potties rental costs, background check and safe sport certification budget and TeamSnap expenses. Your player tuition was developed with input from, and approved by, your volunteer Field Hockey Advisory Group member(s).

ORYA Admin |

This encompasses all expenses of which most are non-sport specific and allow the organization to operate. The admin portion of player fees go toward ORYA employee salaries, workers compensation & Board liability insurance, bookkeeping & accounting services, temporary/intern staff stipends, office equipment & supplies, employer paid taxes, payroll service fees, employee benefits, postage, printing & reproduction, advertising, IT support & computer services, service subscriptions & annual dues, telephone, internet, web hosting, web support, bank charges, business travel & meals, charitable contributions, mileage/toll/parking reimbursements and other items from year to year.

ORYA Capital Fund |

ORYA's Capital Fund supports new initiatives, large scale programs, and/or facility improvements. The Capital Fund is sustained by donations, grants, and program registration fees. The Capital Fund ensures ORYA's steady growth and, over time, investment in larger projects. All of ORYA's programs benefit from the Capital Fund. Expenditures from ORYA's Capital Fund must support the organization's mission and be approved by the Board of Directors. ORYA admin fees will only count towards those that are a part of a full ORYA team.

Why are player fees presented differently this season?

ORYA has re-evaluated its player fee budgeting process, to include total town funding contributions in the equation. Taking into account each town's expected number of participants, current funding and in-kind donations, such as field and office space, ORYA has created a new budgeting approach. This new approach reflects a rate that correlates directly to the individual town's total contribution per participant.

ORYA continues to evaluate ways to reduce expenses as well as explore opportunities to increase organizational fundraising. If you or your business would like to donate to or otherwise support ORYA with volunteer hours, in-kind services, materials, or supplies and equipment please reach out to the ORYA Director, Matthew Glode, at director@oryarec.org.